

National Nutrition Month® 2018

Soup's on!

Word Search for Adults



Words may be horizontal, vertical, diagonal, or backwards.

eat right. Academy of Nutrition and Dietetics

- 1. Celery
- 2. Onion
- 3. Beef
- 4. Leeks
- 5. Spices
- 6. Garlic
- 7. Navy beans
- 8. Barley
- 9. Broccoli
- 10. Lentils
- 11. Fish
- 12. Wild rice
- 13. Kale
- 14. Kidney beans
- 15. Split peas
- 16. Pasta
- 17. Chickpeas
- 18. Turnips
- 19. Beets
- 20. Clams

A	Z	F	D	R	B	C	V	W	Q	J	K	L	M	N	T	O	X	S	L	G	R	M	N
L	O	P	M	N	M	Q	S	P	L	I	T	P	E	A	S	F	A	W	R	C	V	S	B
C	B	G	F	E	L	X	W	R	T	V	B	N	M	L	F	E	Q	B	Z	L	K	H	U
J	V	R	X	M	N	O	I	N	O	H	N	B	V	C	P	X	Z	A	R	E	Q	L	V
D	F	Q	O	Z	K	S	J	M	L	Q	W	R	Z	K	B	N	M	R	E	F	X	T	B
R	P	S	L	C	Z	W	L	M	N	B	K	J	C	R	Q	Z	N	L	M	Q	W	R	L
Z	L	D	Q	W	C	Z	F	C	G	R	T	I	L	H	C	W	V	E	B	M	N	P	Y
L	Y	T	R	N	M	O	K	B	S	J	H	X	A	O	S	N	M	Y	T	L	S	K	U
P	K	A	L	E	Z	X	L	M	N	C	R	P	M	L	T	E	S	P	J	K	I	R	W
T	L	Q	W	V	C	N	B	I	P	L	Y	T	S	R	C	G	N	M	L	D	W	Q	X
O	S	X	N	M	W	G	D	Q	L	M	T	R	L	I	J	H	K	V	N	B	C	Y	Z
Z	N	A	V	Y	B	E	A	N	S	N	M	L	R	B	V	C	X	E	T	S	R	R	P
P	L	B	N	M	Y	S	R	R	T	G	J	D	K	M	N	H	Y	B	S	E	L	T	P
S	W	X	V	N	M	K	J	G	L	C	L	V	X	W	Y	B	S	K	L	R	N	M	L
L	B	Q	L	K	A	J	S	T	R	I	Y	B	S	L	E	K	F	E	G	N	T	F	R
I	R	F	B	X	Z	T	G	L	W	M	C	N	V	A	T	S	C	W	D	F	K	I	B
T	J	L	E	W	K	M	S	T	R	L	F	G	N	B	B	L	F	G	Z	S	M	S	N
N	F	C	Z	E	Y	J	L	A	X	F	G	S	L	K	E	C	V	N	M	T	G	H	U
E	M	Q	R	T	B	W	L	K	P	S	T	R	D	S	E	C	I	P	S	N	P	R	F
L	F	L	N	Q	Z	K	M	F	W	B	X	Z	G	F	T	D	W	K	F	G	M	L	T
Q	A	Z	M	T	U	R	N	I	P	S	F	S	L	R	S	M	O	X	Z	Q	A	V	R

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GO FURTHER
with **FOOD**

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and Dietetics

Solution:

A	Z	F	D	R	B	C	V	W	Q	J	K	L	M	N	T	O	X	S	L	G	R	M	N
L	O	P	M	N	M	Q	S	P	L	I	T	P	E	A	S	F	A	W	R	C	V	S	B
C	B	G	F	E	L	X	W	R	T	V	B	N	M	L	F	E	Q	B	Z	L	K	H	U
J	V	R	X	M	N	O	I	N	O	H	N	B	V	C	P	X	Z	A	R	E	Q	L	V
D	F	Q	O	Z	K	S	J	M	L	Q	W	R	Z	K	B	N	M	R	E	F	X	T	B
R	P	S	L	C	Z	W	L	M	N	B	K	J	E	R	Q	Z	N	L	M	Q	W	R	L
Z	L	D	Q	W	C	Z	F	C	G	R	T	I	L	H	C	W	V	E	B	M	N	P	Y
L	Y	T	R	N	M	O	K	B	S	J	H	X	A	O	S	N	M	Y	T	L	S	K	U
P	K	A	L	E	Z	X	L	M	N	C	R	P	M	L	T	E	S	P	J	K	I	R	W
T	L	Q	W	V	C	N	B	I	P	L	Y	T	S	R	C	G	N	M	L	D	W	Q	X
O	S	X	N	M	W	G	D	Q	L	M	T	R	L	I	J	H	K	V	N	B	C	Y	Z
Z	N	A	V	Y	B	E	A	N	S	N	M	L	R	B	V	C	X	E	T	S	R	R	P
P	L	B	N	M	Y	S	R	R	T	G	J	D	K	M	N	H	Y	B	S	E	L	T	P
S	W	X	V	N	M	K	J	G	L	C	L	V	X	W	Y	B	S	K	L	R	N	M	L
L	B	Q	L	K	A	J	S	T	R	I	Y	B	S	L	E	K	F	E	G	N	T	F	R
R	F	B	X	Z	T	G	L	W	M	C	N	V	A	T	S	C	W	D	F	K	I	B	B
T	J	L	E	W	K	M	S	T	R	L	F	G	N	B	B	L	F	G	Z	S	M	S	N
N	F	C	Z	E	Y	J	L	A	X	F	G	S	L	K	E	C	V	N	M	T	G	H	U
E	M	Q	R	T	B	W	L	K	P	S	T	R	D	S	E	C	I	P	S	N	P	R	F
L	F	L	N	Q	Z	K	M	F	W	B	X	Z	G	F	T	D	W	K	F	G	M	L	T
Q	A	Z	M	T	U	R	N	I	P	S	F	S	L	R	S	M	O	X	Z	Q	A	V	R