

# Nutrition Sudoku Easy

You may have seen Sudoku with numbers, but here's one with food items. Each horizontal row, vertical column and 3x3 box must contain all nine food words. The words begin with letters A through I to make it easier for you to check that all nine have been placed in each row, column and 3x3 box.

Broccoli		Fig	Iceberg		Grits	Cheese	Apricot	Herring
			Broccoli	Fig	Cheese	Dill		Iceberg
Iceberg	Cheese	Edamame		Apricot	Dill		Grits	Fig
Herring	Iceberg		Dill			Apricot	Fig	
		Dill	Cheese	Iceberg	Apricot	Grits	Herring	Edamame
Edamame	Grits	Apricot		Herring			Dill	Cheese
Apricot		Broccoli	Grits	Cheese	Herring	Fig	Iceberg	
	Herring	Iceberg			Fig	Edamame		Grits
Dill	Fig	Grits	Edamame	Broccoli	Iceberg	Herring	Cheese	Apricot



Don't Look Yet!  
These Are the  
Sudoku Answers:

A	C	H	I	B	E	G	F	D
G	B	F	E	D	A	H	C	I
D	F	H	C	G	B	A	E	I
C	D	I	B	H	F	A	G	E
E	H	G	I	A	C	D	B	F
B	A	F	E	D	G	I	C	H
F	G	B	D	A	H	E	I	C
I	A	H	B	F	C	D	E	G
H	A	I	C	G	E	F	D	B

- A Apricot
- B Broccoli
- C Cheese
- D Dill
- E Edamame
- F Fig
- G Grits
- H Herring
- I Iceberg (lettuce)